



***THE FIRST YEAR* NURSE**

**CONFIDENCE
TRACKER**

By: Sanjé - RootedandResilientFaith.com

Date:

Confidence Tracker

Rate yourself on a scale from 1(low) -5 (high)

Communication



Time Management



Charting



Patient Interaction



Confidence



One Win for Today!



One Area to Grow!



"I can do all things through Christ which strengthened me" Philippians 4:13 (KJV)

Date:

Confidence Tracker

Weekly Reflection

What I'm Proud of this Week:

NURSE

Hard Moments that Taught Me:



Write Down Your Affirmation for this Week:



*"For the LORD will be your confidence, and will keep your foot from being caught."
Proverbs 3:26 (KJV)*